

**SET-UP** 

Spread poly spot-dots out all over your space, with lots of room between each one. (You could also mark your floor with X's of floor tape). Be sure to put out more dots than there are students. Give each child a ribbon to dance with.

## TO START PLAY

Each dancer should begin anywhere in the room, taking care to be spaced apart from other dancers and NOT touching a dot. Begin the music! The aim of the game is to dance around the space in any way, without touching another dancer with your body or your ribbon and WITHOUT touching a dot --- that it is, until the music stops!

When the music stops, everyone must get on a dot. The dot is a sticky spiderweb! The dancers must balance on 1 foot on the dot until you begin the music again. There are no outs --- they all continue playing! For extra fun, you can choose different positions to balance in (coupe', passe', arabesque).

Or, instead of stopping the music, you could call out different kids' names at different times. When you call their name, they must "get stuck on a web" dot and they must balance for a count of 10 before they can be released.