



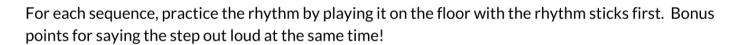
excerpt from the

Nuts About Tap! - Lesson Plan for ages 5-7



Song suggestion: Russian Dance (Dance EDM House Mix) by Blue Claw Philharmonic

Prop suggestion: rhythm sticks



- Paradiddle, stomp stomp (1234, 567 h8) with R then with L
- 3 paradiddles (RLR), stomp (1234, 5678, 1234, 5h678) repeat starting with L
- Put both together into a sequence -
 - Paradiddle, stomp stomp -- with RL
 - 3 paradiddles, stomp hold R
 - Paradiddle, stomp stomp -- LR
 - 3 paradiddles, stomp hold L
- Double time paradiddles
 - o paradiddle RL (1&2&, 3&4&), click sticks on floor on 5, click together on 7
 - then start again with L foot



CREATIVITY CHALLENGE

Ask your dancers to create their own drumstick sequence. Their goal will be to do a tap step of their choice, and then add a percussion element with their sticks. They could work alone or in groups!





excerpt from the

Nuts About Tap! Lesson Plan for ages 3-5

LET'S BE THE SUGAR "TAP" FAIRY!

Song suggestion: Dance of The Sugar Plum Fairy by Blue Claw Philharmonic Prop suggestion: a wand or the printable paper wands

This is an across the floor exercise that you could do with all the students at once, or a few at a time. The aim is to have clear sound separation on the heel-toe walks, and follow the pattern/sequence.

Repeat this sequence, all the way across!

- 4 heel-toe walks (12, 34, 56, 78)
- Tap R toe forward (and gesture with wand) 2X (12), step together (3h4)
- Tap L toe forward (and gesture with wand) 2X (56), step together (7h8)

Each full lesson plan includes:

- class conversation starter for the themed content
- 6-8 skill/rhythmic exercises, with options for different levels
- video demonstrations of each exercise
- a tap dance obstacle course
- suggested lesson plan calendar to mix content for up to 4 weeks
- playlist link
- printable visual aids