



LEPRECHAUN FOOTPRINT FREEZE

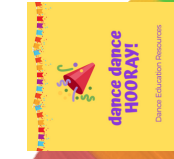
Tap Class Warm-up Activity & Listening Game for ages 5-10

Let's pretend that we are lucky leprechauns! We are protecting our pot of gold, by dancing around it. Our tap steps will make imaginary footprints, and while the music is on we are protected by our tap dance magic. But when the music stops, we must FREEZE or else we'll be seen!

This game includes printable pot-of-gold cards that each dancer will move around, over, or stand near. See the next page for complete instructions and step suggestions!

Song Suggestion : Leprechaun Freeze Dance by Kids Freeze Dance

<https://open.spotify.com/track/0EmUQZ1dY0Z07p02JYv488?si=3a43380e22374fdf>



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How To Play:

Give each dancer one of the Pot of Gold cards to put on the floor in front of them. The dancers will follow your cues to move backwards or forward away from the card, in place, or around the card.

Use the song Leprechaun Freeze Dance by Kids Freeze Dance. This is drum-based instrumental song, with lots of "freeze" moments that sneak up at different intervals, when the music stops.

Use this activity in place of your usual basic tap warm-up, or as a way to practice traveling steps. Choose one step at a time, and after the "freeze" moment, repeat the same step at a different tempo. (For example, do step-heels in place at single time, then do them double time during the next interval). You could also do a step in place, and then make it travel back, front, or around during the next interval.

Step Suggestions:

- marches
- step-heel
- heel-toe
- shuffle step in place or traveling
- scuff-step
- flap
- irish
- crawls
- tip-step
- paradiddle
- cramp rolls

