

FIVE FAVES FOR PARENT-TOT DANCE


**dance dance
HOORAY!**

Dance Education Resources

my favorite song & prop combinations!

I KNOW A CHICKEN BY THE LAURIE BERKNER BAND

Prop - EGG SHAKERS

Practice marching on the beat, traveling around the room, and shaking your egg at different speeds and in different directions!

I'M FLYING BY DAN ZANES, FRIENDS

Prop - SHEER SCARVES

Float your scarf up and down and "fly" on your tiptoes! Hold hands with your grown-up and balance on one leg!

WIGGY WIGGLES FREEZE DANCE BY HAP PALMER

Prop - RIBBON WAND OR RIBBON BRACELET

This fun freeze dance song stops and starts the music for you!

POP GOES THE WEASEL BY OLD TOWN SCHOOL OF FOLK MUSIC

Prop - HULA HOOP

March, tip toe, or gallop around the hoop, then step in it on POP! Practice jumping by bouncing knees and holding hands with grown-up!

SHAKE SHAKE (MINUET IN G) BY MR. ERIC & MR. MICHAEL

Prop - JINGLE BELLS

Do this one seated or standing! Follow the song and shake your bells by your toes, knees, chin and more! Parents can do this with the child.


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