



more than 10 easy & free

FALL

dance class ideas

FOR DANCE
TEACHERS



USE FALL COLORS

Chances are, you have an assortment of fall colors in the dance props you already have on hand at your studio. Props are a great way to feel the fun of fall with full-bodied learning!



- With your dancers, sort scarves into fall colors. Then have your dancers toss them in the air and watch them float to the ground!
- Push a beanbag with your foot doing tendu or rond de jambe, like raking leaves
- Jump over a pile of beanbag "leaves"
- Using fall color poly dots, make a pathway for the dancers to follow, doing any step you have been working on in class

LEAVES

Decorative fabric or paper leaves are a magical prop! You can also substitute sheer scarves if you do not have any leaves on hand.



- Pile the leaves or scarves on to your parachute. Shake them around, to work on control, teamwork, & listening skills
- Toss leaves into the air while jumping, hopping, skipping, and leaping, to explore power and force



PUMPKINS

Faux or foam pumpkins like these work so well for dance class! Or, print and use the pumpkin pages included in this PDF.



- Chasse' or gallop while holding the pumpkin en avant
- Jump or leap over the pumpkin
- Roll the pumpkin along the floor, and roll on your knees and bottom, following it

BE LIKE THE WIND

Ribbon props can help your dancers imagine the power of the wind. Pretend to stand outside on windy day, or feel like a leaf moving in the breeze.



- Sway side to side with your ribbon to explore high and low, right and left
- Move in a circle, like a leaf swirling in the wind
- Imagine the wind is pushing you to allow it to lead the pathway while you chasse', tiptoe, or skip



